



ELEMENTARY/YOUTH/JHS INDIVIDUAL TRAINING GUIDELINES

TRAINING SESSIONS:

Elementary, Junior High School and Youth individuals may use The Armory for training purposes during the season as described below. The season will begin on November 14, 2011 and end on April, 11.

ID System:

All previous year's ID's should be discarded. All athletes will be given new ID's upon registration.

Fees:

Fees for training are \$100 per youth.

Sessions:

Each individual is entitled to use the facility for two sessions per week, during the season. Training sessions are Monday and Wednesdays from 3pm – 5pm.



**Youth/ Elementary/JHS INDIVIDUAL
CONTRACT FOR THE USE OF
THE ARMORY TRACK & FIELD CENTER**
216 Ft. Washington Avenue
New York, NY 10032

Agreement dated as of _____ between **The Armory Foundation**, 216 Ft. Washington Ave, New York, New York 10032 (hereinafter referred to as “Armory”), a not-for-profit institution, and _____ (hereinafter referred to as (“The Individual”)) agree as follows:

- I. The Individual agrees to abide by and obey all the Armory rules, fee structure, and regulations while at The Armory Track and Field Center (hereinafter referred to as the “Facility”).
- II. Prior to The Individual entering or using the Facility: The Individual will obtain and exhibit to the Armory, comprehensive general liability insurance with limits of not less than one million dollars per individual and two million dollars in the aggregate per occurrence for personal injury, and one million dollars for property damage which insurance shall be for the benefit of both The Organization and the Armory.
- III. The Individual agrees to indemnify and hold the Armory, its trustees, officers, employees and agents, and the City of New York and the State of New York harmless from any all claims, suits, demands, actions or liabilities, including but not limited to, collection fees, attorneys fees and court costs resulting, directly or indirectly, from any act or omission of The Organization / Individual, its agents or employees.
- IV. **USE OF THE FACILITY:** The Armory agrees to allow the Individual to use the facility at the following times:

Days: Monday/Wednesday	3pm – 5pm
Practice starting date:	November 14, 2011
Practice ending date:	April 11, 2012
- V. **FEES:** The Individual agrees to pay a fee of \$100 for the 2011-2012 season.



Exceptions Block-out/Add-on Dates: Youth/Elementary/JHS INDIVIDUAL

Month	Date	Practice Changes
December 2011		
	Monday 26 th	No practice
	Wednesday 28 th	No practice
January 2012		
	Wednesday 11 th	No practice
	Monday 16 th	No practice
February 2012		
	Monday 20 th	No practice
	Wednesday 22 nd	No practice

The Armory also reserves the right to close the facility at any time for emergency maintenance purposes.

THE ARMORY URGES INDIVIDUALS/COACHES TO CHECK THE WEBSITE WEEKLY FOR ADDITIONAL CLOSED DATES WHICH MAY COME UP SUDDENLY DUE TO UN-PLANNED CIRCUMSTANCES.

www.armorytrack.com



ARMORY FOUNDATION

By: Bassett Thompson

Title: Director of Track and Field

Signature _____

Date _____

Individual:
Phone:
Coach:
Coach Home Phone:
Coach Work Phone:
Coach Cell Phone:
Coach E-Mail:
Coach Signature:

Date



ARMORY TRAINING RULES

1. No Athlete will be allowed above the first floor without showing the appropriate ID at the front desk.
2. All athletes must be properly attired at all times while in the Armory. Proper attire consists of shorts and t-shirt or singlet or one piece speed suit. **Shoes must have a rubber bottom and no spikes. No plastic bottoms are allowed in practice.**
3. The use of spikes is a sanctionable offense which can result in suspensions to athletes and teams. Multiple offenses may result in suspensions ranging in length from six weeks to the balance of the season.
4. Visitors and spectators will not be allowed on the track floor, and will not be permitted into the facility without prior approval from the track office.
5. These general rules are in addition to the more specific rules posted on the Armory track floor at all times. Coaches and athletes will be responsible for following all of the rules of Armory staff.
6. While it is not the intention of the Armory Foundation to inconvenience any individual or team, we must ensure that no one is inconvenienced or endangered by the behavior and one person or group.
7. Individuals must read and sign the foregoing, as acknowledgement and acceptance of all rules outlined.

Individual's Signature

Date